



VIRGINIA BIRTH-RELATED
NEUROLOGICAL INJURY
COMPENSATION PROGRAM

January 2021

Dear Family,

I hope you and your family are well. This letter is to inform you that the rate for your family caregiver(s) may change beginning January 4, 2021 (with your new year's timesheets). As you may know, the Program uses the most recent Bureau of Labor Statistics Metropolitan and Non-metropolitan Occupational Employment and Wage Estimate for Home Health Aides to determine the rate.

Enclosed is a listing of metropolitan and non-metropolitan statistical areas and their respective rates. Please review the listing as some of the areas have changed. To determine your area, look at the enclosed Metropolitan and Non-Metropolitan Area Definitions for the county in which you live. If you live out of state, the rate for your area is also included.

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Also included are the 2021 Timesheet Calendars to assist you with your monthly submissions. Please submit five weeks of timesheets for March, May, August, and November. Submit four weeks of timesheets for the remaining months. The calendar is set up Monday through Sunday just like the timesheets, the gray highlights the months with five weeks.

Enclosed is information if you would like to receive your family care reimbursement by direct deposit. The included information explains the process.

A lifetime of help

You may also continue to receive your reimbursement by check if you wish. Generally, payments are made around the 15th of the month if all paperwork is received at least one week prior to that date. However please note that at times it may take longer but will follow standard business practices for reimbursements.

Submitting more than one month of documentation at a time may substantially increase processing time and delay payment beyond usual turnaround times.

Contact me if you have any questions.

Sincerely,

John Raines
Deputy Director

2021 MONTHLY FAMILY CARE CALENDAR DATES

JANUARY 2021 - 4 WEEKS

<u>Beginning Date (Monday)</u>	<u>End Date (Sunday)</u>
January 4, 2021	January 10, 2021
January 11, 2021	January 17, 2021
January 18, 2021	January 24, 2021
January 25, 2021	January 31, 2021

FEBRUARY 2021 - 4 WEEKS

<u>Beginning Date (Monday)</u>	<u>End Date (Sunday)</u>
February 1, 2021	February 7, 2021
February 8, 2021	February 14, 2021
February 15, 2021	February 21, 2021
February 22, 2021	February 28, 2021

MARCH 2021 - 5 WEEKS

March 1, 2021	March 7, 2021
March 8, 2021	March 14, 2021
March 15, 2021	March 21, 2021
March 22, 2021	March 28, 2021
March 29, 2021	April 4, 2021

APRIL 2021 - 4 WEEKS

April 5, 2021	April 11, 2021
April 12, 2021	April 18, 2021
April 19, 2021	April 25, 2021
April 26, 2021	May 2, 2021

MAY 2021 - 5 WEEKS

May 3, 2021	May 9, 2021
May 10, 2021	May 16, 2021
May 17, 2021	May 23, 2021
May 24, 2021	May 30, 2021
May 31, 2021	June 6, 2021

JUNE 2021 - 4 WEEKS

June 7, 2021	June 13, 2021
June 14, 2021	June 20, 2021
June 21, 2021	June 27, 2021
June 28, 2021	July 4, 2021

JULY 2021 - 4 WEEKS

July 5, 2021	July 11, 2021
July 12, 2021	July 18, 2021
July 19, 2021	July 25, 2021
July 26, 2021	August 1, 2021

AUGUST 2021 - 5 WEEKS

August 2, 2021	August 8, 2021
August 9, 2021	August 15, 2021
August 16, 2021	August 22, 2021
August 23, 2021	August 29, 2021
August 30, 2021	September 5, 2021

SEPTEMBER 2021 - 4 WEEKS

September 6, 2021	September 12, 2021
September 13, 2021	September 19, 2021
September 20, 2021	September 26, 2021
September 27, 2021	October 3, 2021

OCTOBER 2021 - 4 WEEKS

October 4, 2021	October 10, 2021
October 11, 2021	October 17, 2021
October 18, 2021	October 24, 2021
October 25, 2021	October 31, 2021

NOVEMBER 2021 - 5 WEEKS

November 1, 2021	November 7, 2021
November 8, 2021	November 14, 2021
November 15, 2021	November 21, 2021
November 22, 2021	November 28, 2021
November 29, 2021	December 5, 2021

DECEMBER 2021 - 4 WEEKS

December 6, 2021	December 12, 2021
December 13, 2021	December 19, 2021
December 20, 2021	December 26, 2021
December 27, 2021	January 2, 2022

**VIRGINIA BIRTH INJURY PROGRAM
2021 TIMESHEET CALENDAR**

JANUARY

M	T	W	T	F	S	S
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

FEBRUARY

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

MARCH

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

APRIL

M	T	W	T	F	S	S
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2

MAY

M	T	W	T	F	S	S
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

JUNE

M	T	W	T	F	S	S
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4

JULY

M	T	W	T	F	S	S
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

AUGUST

M	T	W	T	F	S	S
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

SEPTEMBER

M	T	W	T	F	S	S
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	3

OCTOBER

M	T	W	T	F	S	S
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

NOVEMBER

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5

DECEMBER

M	T	W	T	F	S	S
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2

PLEASE NOTE:

This calendar runs Monday through Sunday like the timesheets.
Submit your timesheets according to this calendar.

2021 Reimbursement Rates for Family Caregivers
 Bureau of Labor Statistics
 Home Health Aide Hourly Wage Data

Virginia	Mean (Average)
Blacksburg-Christiansburg-Radford, VA	10.72
Charlottesville, VA	11.13
Harrisonburg, VA	10.83
Lynchburg, VA	9.85
Northeast Virginia nonmetropolitan area	10.13
Northwest Virginia nonmetropolitan area	9.10
Richmond, VA	10.26
Roanoke, VA	10.43
Southside Virginia nonmetropolitan area	9.78
Southwest Virginia nonmetropolitan area	9.53
Staunton-Waynesboro, VA	9.92
Virginia Beach-Norfolk-Newport News, VA-NC	10.17
Washington-Arlington-Alexandria, DC-VA-MD-WV	13.75
Winchester, VA-WV	11.11

Out of State	Mean (Average)
Huntsville, AL	9.45
Jacksonville, FL	12.10
Orlando-Kissimmee-Sanford, FL	11.60
Atlanta-Sandy Springs-Roswell, GA	12.75
Northwest Iowa nonmetropolitan area	12.70
Baltimore-Columbia-Towson, MD	13.08
Jackson, MI	11.79
St. Louis, MO-IL	12.48
Asheville, NC	11.90
Charlotte-Concord-Gastonia, NC-SC	10.69
Hickory-Lenoir-Morganton, NC	10.86
Pittsburgh, PA	12.53
Southern Pennsylvania nonmetropolitan area	11.28
Providence-Warwick, RI-MA	14.51
San Antonio-New Braunfels, TX	10.33
Northeast Mississippi nonmetropolitan area	9.58
San Diego-Carlsbad, CA	13.94
Deltona-Daytona Beach-Ormond Beach, FL	11.00

Virginia Metropolitan and Nonmetropolitan Area Definitions

Blacksburg-Christiansburg-Radford, VA

- Floyd County (was Southwest)
- Giles County
- Montgomery County
- Pulaski County
- Radford city

Charlottesville, VA

- Albemarle County
- Buckingham County (was Southside)
- Charlottesville city
- Fluvanna County
- Greene County
- Nelson County

Harrisonburg, VA

- Harrisonburg city
- Rockingham County

Kingsport-Bristol-Bristol, TN-VA

- Bristol city, VA
- Hawkins County, TN
- Scott County, VA
- Sullivan County, TN
- Washington County, VA

Lynchburg, VA

- Amherst County
- Appomattox County
- Bedford County
- Bedford city
- Campbell County
- Lynchburg city

Richmond, VA

- Amelia County
- Caroline County
- Charles City County
- Chesterfield County
- Colonial Heights city
- Dinwiddie County
- Goochland County
- Hanover County
- Henrico County
- Hopewell city
- King William County
- New Kent County
- Petersburg city
- Powhatan County
- Prince George County
- Richmond city
- Sussex County

Roanoke, VA

- Botetourt County
- Craig County
- Franklin County
- Roanoke County
- Roanoke city
- Salem city

Staunton-Waynesboro, VA

- Augusta County (was Northwest)
- Staunton city (was Northwest)
- Waynesboro city (was Northwest)

Virginia Beach-Norfolk-Newport News, VA-NC

- Chesapeake city, VA
- Currituck County, NC
- Gates County, NC
- Gloucester County, VA
- Hampton city, VA
- Isle of Wight County, VA
- James City County, VA
- Mathews County, VA
- Newport News city, VA
- Norfolk city, VA
- Poquoson city, VA
- Portsmouth city, VA
- Suffolk city, VA
- Virginia Beach city, VA
- Williamsburg city, VA
- York County, VA

Virginia Metropolitan and Nonmetropolitan Area Definitions

Washington-Arlington-Alexandria, DC-VA-MD-WV

Silver Spring-Frederick-Rockville, MD Metropolitan Division

- Frederick County
- Montgomery County

Washington-Arlington-Alexandria, DC-VA-MD-WV Metropolitan Division

- Alexandria city, VA
- Arlington County, VA
- Calvert County, MD
- Charles County, MD
- Clarke County, VA
- Culpeper County, VA (was Northwest)
- District of Columbia
- Fairfax County, VA
- Fairfax city, VA
- Falls Church city, VA
- Fauquier County, VA
- Fredericksburg city, VA
- Jefferson County, WV
- Loudoun County, VA
- Manassas Park city, VA
- Manassas city, VA
- Prince George's County, MD
- Prince William County, VA
- Rappahannock County (was Northwest)
- Spotsylvania County, VA
- Stafford County, VA
- Warren County, VA

Winchester, VA-WV

- Frederick County, VA
- Hampshire County, WV
- Winchester city, VA

Southwest Virginia nonmetropolitan area

- Bland County
- Buchanan County
- Carroll County
- Dickenson County
- Galax city
- Grayson County
- Henry County
- Lee County
- Martinsville city
- Norton city
- Patrick County
- Russell County
- Smyth County

- Tazewell County
- Wise County
- Wythe County

Southside Virginia nonmetropolitan area

- Brunswick County
- Charlotte County
- Cumberland County
- Danville city (was Danville)
- Emporia city
- Franklin city
- Greensville County
- Halifax County
- Lunenburg County
- Mecklenburg County
- Nottoway County
- Pittsylvania County (was Danville)
- Prince Edward County
- Southampton County
- Surry County (was Va. Beach)

Northeast Virginia nonmetropolitan area

- Accomack County
- Essex County
- King George County
- King and Queen County (was Richmond)
- Lancaster County
- Middlesex County
- Northampton County
- Northumberland County
- Richmond County
- Westmoreland County

Northwest Virginia nonmetropolitan area

- Alleghany County
- Bath County
- Buena Vista city
- Clifton Forge city
- Covington city
- Highland County
- Lexington city
- Louisa County (was Richmond)
- Madison County
- Orange County
- Page County
- Rockbridge County
- Shenandoah County